

# SOUL SUCCESS CHOICES

**Commit to applying more positive choices to your daily life!**

First I want to address your attitude choices:

## **1. What's your attitude about your present work situation?**

- What are your thoughts about it? Do they tend to be more positive or negative?
- How do you FEEL about your job? Do you generally feel good or bad about it?
- What can you change about your thoughts or beliefs that can make your feelings and attitude about work more positive?

## **2. What are the primary thoughts and emotions you have about money?**

- **What's your attitude about money?**
- Do these make you feel satisfied and happy or worried, urgent and needy?
- How can you redefine your beliefs about money to create better feelings about it?

## **3. What's your attitude about pursuing your goals?**

- What are your most dominant thoughts relating to each of your goals?
- How do you feel about your goals? Do you tend to be more hopeful and resolute or more doubtful and hesitant?
- Come up with some positive new intentions and conclusions to reverse any negative feelings you have about these topics.

**Create the intention to only engage in beliefs and emotions that will broadcast a healthier consciousness and more attractive energy concerning all of these topics and issues.** Remind yourself of these options every day! Affirm your new positive choices, attitude and actions as often as possible.

**I want to address ACTION CHOICES: There is self action, action toward others and goal actions.**

### **1. SELF ACTION**

- **Ask yourself...What behaviors do you engage in on a daily basis that might be considered dishonoring to you?** (include all eating, drinking, self talk patterns, the ways you spend your time etc.)
- What are some new choices that would create a more positive lifestyle and higher energy to attract better results?
- What can you do to implement some of these new choices on a regular basis?
- What are the behaviors and actions that tend to honor you and your way of living?
- What can you do to make these choices more often?

### **2. ACTION TOWARD OTHERS**

- Which of the following adjectives best describe the kind of actions you engage in toward others most frequently?  
**Loving, trusting, accepting, flexible, tolerant, peaceful**  
**Unloving, fearful, judgmental, controlling, abrasive, hostile**
- Why do you think you choose these types of actions?
- What kind of energy do they create?
- What difference choices could you make in both your beliefs and behaviors that would create a more harmonic home frequency?

### **3. GOAL ACTIONS**

- How often do you take action towards your goals?
- When making the choice between acting on your dreams or on something else, what usually takes precedence?
- How enthusiastic are you when engaging in goal oriented actions?
- What can you do to take more frequent and more energetically aligned action toward these goals?

To succeed at your goals, you have to choose them over other things, and this is where the **power of choice connects with the power of letting go**. You may have to release some kind of habit or even personal gratification in order to make your goals your heightened choice. In fact, no matter what the issue is, if you're really conscious about your life, you'll find that time and time again you have the option to positively apply both of these principles. This is truly one of the most liberating and empowering decisions you can make: the choice to let go.